

# ENPHE CONFERENCE

## Physiotherapy Education in a Changing Society

22 – 23 September 2017

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### Thursday 21 September

(Students' day and meeting of board, country coordinators and working groups)

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07:00 – 12:30 The morning will be free for optional excursions – we will add one excursion at this time that will be offered if participation is enough. See: **Golden Circle Express** at <http://enphe2017.com/excursions/>

08:30 – 09:00 **REGISTRATION**

09:00 – 10:30 Students' Workshops

10:30 – 11:00 Coffee break

11:00 – 12:30 Students' Workshops

12:30 – 13:30 Lunch break (for students)

12:30 – 14:30 **REGISTRATION**

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Lunch will be offered in the meeting rooms during the meetings for these groups:

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12:30 – 14:30

Meeting of country coordinators; followed by a meeting with the ENPHE board

12:30 – 14:30/17:00

Meetings of the core members of the ENPHE's working groups

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13:30 – 16:00 Students' Workshops

14:30 – 17:30 Pre-conference session

17:00 – 18:00 **Meeting of the executive board of EPHNE and working group facilitators**

***‘The European Network of Physiotherapy Higher Education as a Leader with Respect to Aligning Contemporary Curriculum with Epidemiology and Evidence: A World Café® Exercise’.***

Coordinator: Elizabeth Dean PhD PT

**DESCRIPTION:** The European Network of Physiotherapy Higher Education (ENPHE) aspires to the highest quality of physiotherapy education and to set the global standard. Contemporary evidence supports the alignment of conventional physiotherapy curriculum with epidemiological trends as well as best practice evidence. In addition, evidence supports that such alignment is variable across physiotherapy programs globally. Four physical therapy summits on global health support physiotherapists’ leading on the assault on lifestyle-related non-communicable diseases (NCDs), the risk factors of which are common to musculoskeletal conditions most frequently managed by physiotherapists globally.

This workshop builds on these themes that are presented in the keynote address of the conference. World Café™ methodology will be used to establish how European physiotherapy educators view how best to update physiotherapy curriculum throughout Europe in terms of the inclusion of minimal standards of health-focused competencies.

18:00 – 19:00 **Social Program** – Welcome Reception at the University of Iceland

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## Friday 22 September

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08:30 – 09:00 **Registration**

09:00 – 09:30 **Opening of conference**

- Welcome and Introduction by the Executive Board
- Welcome address by Jón Atli Benediktsson Rector of the University of Iceland and Kristín Briem Director of the Department of Physical Therapy

09:30 – 10:15 **Keynote:** Elizabeth Dean PhD, PT, professor at the University of British Columbia; Vancouver, Canada

***‘Integrating Health-focused Competencies into Entry-level Physiotherapy Curriculum: Rationale, Process and Evidence-informed Accreditable Minimal Practice Standards’***

10:15 – 11:00 **Panel discussion:** Innovative Pedagogical Approaches

**Moderator:** Patricia Almeida

The moderator will put up strategic questions directed to a panel and to the audience. Active involvement of the participants is expected

**Presentations:** Joost van Wijchen, Volcmar Wisser, Arja Piirainen and Tuulikki Sjögren

11:00 – 11:30 **Coffee break**

11:30 – 12:30 **Presentations of working groups (WG)**

- ENPHE Students Body – (8 min)
- WG Professional issues (8 min)
- WG Research (8 min)
- WG Facilitation of learning (8 min)
- WG Internationalization – summary (8 min)
- WG Practice Based Learning – summary (8 min)

**Chair of the morning sessions:** Kristín Briem

12:30 – 13.30 **Lunch**

13:30 – 14:00 **Poster session**

14:00 – 15:00 **Inspirational sessions** (demonstration and sharing of best practices – mostly products from the working group – 8 sessions run parallel)

*Working group Research: Brainstorming session for physiotherapy research*

**Presenters/facilitators:** Leontien van Wely

**Description:** Brainstorming is a social process intended to come up with new ideas emphasizing positivity and bonding experience. This brainstorming session will focus on communicating and creating topics relevant to future research/thesis in physiotherapy and its education. The end product will be shared questions/ideas which may seed future collaboration.

*All you need is a brain, some desire for research in physiotherapy, and an hour of time.*

*Working group Research: International Research Collaboration*

**Presenter/facilitator:** Sabine Eichler

**DESCRIPTION:** Supervisors, students and lecturers present possible joint research projects in a poster session to find possible research partners, who can be students, supervisors and/or lecturers. The aim is to bring interested students/supervisors together with people who are looking for research partners. The ideas can already be very clear or rather vague and then further developed. The possible partners can continue working independently, this session should help them to find each other.

*Working group Research: Learning is not a spectator sport so let's play*

**Presenter/facilitator:** Anne Greit Brader

**Description:** We invite teachers and students from all ENPHE members to join this workshop. During the past year and half teachers and students from ENPHE members have been working on creating a series of knowledge clips to support students in grasping Evidence Based Practice. This has resulted in a unique co-creation project and the development of a learning channel for teachers and students alike.

To watch an Inspirational session video relating to this workshop, please click this **link** <http://enphe2017.com/wp-content/uploads/2017/07/Inspirational-Session.mp4>

*Working group Facilitation of Learning: “Blended –learning or e-learning? –Let’s find out: A Blended learning clinical reasoning course for Physiotherapy experience (BLe-CliRC)”*

**Presenters/facilitators:** Griselda González Caminal and Maija Kangasperko

**DESCRIPTION:** Blended-learning (bl) is generally applied to the teaching-learning practice of using both online and in-person learning experiences. In this inspiring session we'll discuss about the ingredients that had been considered to design and implement a blended learning clinical reasoning course for physiotherapy (ble-clirc).

We'll focus on how the educator optimizes learning for students by assessing progress and providing instruction with focused supports since BL uses online technology to not just supplement, but transform and improve the learning process. As blended learning becomes more common, universities and professors will likely understand and implement it better.

*Guided-Choice Based Learning. A self-organised learning within the HAN, executed as Delta-stream.*

**Presenters/facilitators:** Joost Van Wijchen and Volcmar Visser

*Working group Professional Issues: Direct access*

**Presenter/facilitator:** Marja-Leena Lähteenmäki

**Description:** The groups new theme after Graz is direct access. In Porto we gave the following definitions for direct access and extended scope of practice: Direct access – The entry level curriculum allows the physiotherapist to see the patient without a referral as soon as they graduate Extended scope of practice – Physiotherapists who have additional experience and education that allows them to extend their practice beyond the role of the graduate.

Before the meeting in Iceland the core group will share evidence, good practices, challenges and solutions for direct access! In Reykjavik we will meet in an inspirational session with all of you who are interested in this theme and together we will finalize an ENPHE position paper on “Educating for Direct Access”. We will talk about what competences for direct access should be included in the curriculum of entry level physiotherapy programs.

*Working group Practice Based Learning: Presentation and further development of the “Assessment of Clinical Practice” form.*

**Presenter/facilitator:** Gert-Jan Kordes

**Description:** The WG practice based learning started developing an assessment form for international students doing a placement abroad. We would like to present the

assessment form as it looks right now and would like to get input from other ENPHE members about what you think it should look like.

Furthermore, we would like to do some brainstorming and planning on how we will distribute the form across Europe and plan on how to get universities to cooperate in the future.

*“Intentionally designing motivation and engagement into your teaching: ‘tricks’ and strategies learned by an old ‘dog’”*

**Presenter/facilitator:** Abigail Snook

**DESCRIPTION:** Your task is teaching the theoretical properties of biophysical modalities and the last thing you want to do is lecture as you have done before about this dry material. What can you do? This session will present a motivation/engagement model (music model of motivation) and how specific strategies were intentionally designed into a course with results that engaged students. You will also get a chance to reflect on your own teaching and how you might apply the model to intentionally motivate students by design.

15.30-17.30 **Optional tour to visit Össur**, a global leader in non-invasive orthopaedics. Össur have nurtured an innovative mind-set, continuously pushing the boundaries to create the best products and services in the fields of Prosthetic, Osteoarthritis and Injury Solutions.

True advocates of “*Life Without Limitations*“, the staff at Össur works with individuals, clinicians and diverse communities around the world to support a better quality of life for millions of people.

**Presentation at Össur:** *The evidence for an indication based approach.*

**DESCRIPTION:** Research development at Össur; presentation of how Össur builds evidence behind indications for its products with collaboration with academia.

Light refreshments will be available.

*For this tour is a separate registration / no fee. Open for limited number of participants (40-50 pers.)*

Busses will pick participants up for this event the conference hotel. Drop-off after the event will also be at the hotel.

16:00 **ENPHE Run/walk** of ENPHE or other physical activity

18:00 – 20:00 **Videy Island**

In this social event you will experience: Reykjavik from the ocean, a short walk/hiking in a natural treasure close to the city centre, the Imagine Peace Tower, light refreshments („taste of Iceland“) and the company of excellent people. The ferry for Videy Island will leave from the Old Harbour in Reykjavik at 18:00 and bring us back around 20:00. The trip to the island takes 15-20 min. each way. Dress-code: This is an outdoor event so you should dress according to the weather-forecast (see [www.vedur.is](http://www.vedur.is)) and select shoes which are good for a walk on gravel pathways.

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## Saturday 23 September

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09:30 – 10:15 **Keynote:** Lynn Snyder-Mackler PhD, PT, professor at the University of Delaware Newark, De, USA

Title: **Not Eureka Redux**

10:15 – 10:45 **Debate:** Kristín Briem PhD, PT, professor and Gunnar Svanbergsson MSc, PT, MTC

Title: **Are we keeping up? PT education in the 21st century**

Opposing arguments on the topic will be put forward.

10:45 – 11:15 **Coffee break**

11:15 – 12:15 **Panel discussion:** *Cultural diversity and cultural competence in physiotherapy education*

**Moderator:** Rene Teunissen

**Presentations:** Rene Teunissen , Bjorg Gudjonsdottir, Solveig Asa Arnadottir, Kaan Aygar, Kolbrun Benediktsdottir and Haukur Agnarsson

The moderator will put up strategic questions directed to a panel and to the audience. Active involvement of the participants is expected.

**DESCRIPTION:** In this panel cultural diversity, cultural competence in physiotherapy education and how to embed the competences in physiotherapy curriculum will be discussed.

Achieving cultural competence as a physiotherapist is a process that is cultivated within the individual through acquisition of knowledge, attitudes and behaviors specific to culture, language and communication. Diversity can be thought of as

“otherness” and in people it describes those human qualities that are different from our own and outside the groups to which we belong. These qualities are, of course, present in other individuals and groups, so it’s worth reflecting that from their perspective, we may seem “diverse”. It is important to distinguish between the primary and secondary dimensions of diversity. Both have traditionally resulted in discrimination.

The primary dimensions of diversity are the following: age, ethnicity, gender, physical abilities/qualities, race and sexual orientation. Secondary dimensions of diversity are those that can be changed, and include, but are not limited to: educational background, geographic location, income, marital status, military experience, parental status, religious beliefs, and work experiences.

Many clients/patient of physiotherapists belong to groups that have traditionally been considered culturally diverse.

**Chair of the morning sessions: Anestis Divanoglou**

12:15 – 13:15 **Lunch**

13:15 – 13:45 **Poster session**

13:45 – 14:45 **Inspirational sessions** (demonstration and sharing of best practices – mostly products from the working group – 8 sessions run parallel)

*Working group Research: Brainstorming session for physiotherapy research (same description as on Friday)*

**Presenters/facilitators:** Leontien van Wely

*Working group Research: International Research Collaboration (same description as on Friday)*

**Presenter/facilitator:** Sabine Eichler

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*Working group Practice Based Learning: Presentation and further development of the “Assessment of Clinical Practice” form (same description as on Friday)*

**Presenter/facilitator:** Gert-Jan Kordes

*“Intentionally designing motivation and engagement into your teaching : ‘tricks’ and strategies learned by an old ‘dog’” (same description as on Friday)*

**Presenter/facilitator:** Abigail Snook

14:45 – 15:15 Coffee break

15:15 – 17:15

- Thesis Awards
- Presentation of next seminar & conference
- General Assembly meeting: Election – three vacancies to EB
- CLOSING

16.15 Meeting of the ENPHE board and the board of ENPHE’s student board (ESB)

19:00 – 01:00 **Social Programme** – Dinner & Dance